

# **Older Adult Programs**

City Council Meeting July 29, 2025 Agenda Item 15.2

Billiards Arts & Crafts Lap Swim Park Rx Table Tennis Kickboxing Knit, Craft & Crochet Qi Gong Karaoke Shuffleboard Fitness/Weight Room Pinochle Pickleball

Mahjong Jewelry Making Circuit Training Contract Bridge Dominoes Badminton Basketball Line Dancing Poker Chorus Hair Cuts National Night Out Grandparent's Day

Cookies with Santa Rootbeer Float Day Casino Party Winter Celebration Movie Days Earth Day Picnic Cinco de Mayo Event New Year's Eve Event Easter BBQ Thanksgiving Event Valentine's Day Event Fourth of July Event Halloween Event

#### SENIOR MEMBERSHIP (50+) \$29.75/YEAR

Arnold Rue Comm Center Oak Park Senior Center Stribley Comm Center VanBuskirk Comm Center All City Pools

#### MEMBERSHIP LOCATIONS

Tai Chi Weekly Tea Dance **Belly Dancing** Soul Moves Dance Fit Cardio Kickboxing Ballet Luncheons Bingo

#### ACTIVITIES – FEE BASED (NOT INCLUDED IN MEMBERSHIP)

Silver Harvest (60+) Congregate Meals (60+) Mobile Farmers Market (18+)

### NUTRITIONAL SERVICES

CA Redwoods & Shakespeare in Ashland Discover the Islands of New England Halloween in UFO Country – **New Mexico** Irish Splendor America's Music Cities **Discover South Dakota** 

Canadian Rockies Adventure Queen Mary & Catalina

## SLY FOX – SENIOR TRIPS

Tax Prep Adult Bingo Arts & Crafts Audiobooks Large Print Books **Technology Assistance** Family History Helper **Digital Resources** 

#### LIBRARY PROGRAMS

Stockton Senior Citizens Members' Council Library staff support Literacy tutor Friends of the Library **Recreation instructor** Meal program support

### **VOLUNTEER OPPORTUNITIES**