

**WHEREAS**, 36% of young adults in San Joaquin County between the ages of 18-39 have been diagnosed with pre-diabetes or diabetes; and

**WHEREAS**, 1 in 3 children will develop type 2 diabetes in their lifetimes due to the consumption of sugary sweetened beverages and chances are higher for Latino and African American children, where 1 in 2 will develop type 2 diabetes; and

**WHEREAS**, people who drink 1 or 2 sugary sweetened beverages per day have a 26% higher risk of developing type 2 diabetes; and

**WHEREAS**, the 2017 The Organizing and Leadership Academy (TOLA) health survey of approximately 6,000 Stockton residents found that nearly 40% of respondents consumed sugar sweetened beverages at least once a day, almost 60% consumed sugary beverages on a regular basis, and over 60% reported diabetes as part of their family health histories; and

**WHEREAS**, healthy living means providing workshops, resources, and programming that will educate families on how to eat healthier and consume less sugary beverages; and

**WHEREAS**, children are more physically active when parks and streets are safer as this helps parents to comfortably allow them to play outside; and

**WHEREAS**, the city must acknowledge the need for more community places that promote physical and educational activities for children and families; and

**WHEREAS**, the City of Stockton hereby encourages its residents to take action and combat the unhealthy eating habits and lifestyle that have plagued our community.

**NOW, THEREFORE, I, MICHAEL TUBBS**, as Mayor of the City of Stockton, and on behalf of the Stockton City Council, do hereby declare July 17, 2018 as

#### **STOCKTON DIABETES AWARENESS DAY**

and call upon all Stocktonians, school districts, government agencies, nonprofit organizations, health care providers, and other interested parties to join in activities that raise diabetes awareness and help prevent, treat, and manage the disease.

**In witness whereof**, I have here unto set my hand and cause the seal of the City of Stockton to be affixed this 17<sup>th</sup> day of July, Two - Thousand - Eighteen.